

L54F Chedoke Falls Loop Trail Guide - TorontoHiking.com

WAYPOINT INTERVAL	DISTANCE km	WAYPOINT-TO-WAYPOINT TRAIL DESCRIPTION
001 - 002	1.1	This hike takes in a double loop around the Chedoke Falls area before returning to the starting point. After parking your car near the corner of Hillcrest Avenue and Mountain Ave, climb the steps to the soccer field above. Due to construction in the area above the field, head to the back of the field and to the far right corner. There you will see a path leading into the woods. Follow this path a ways but look up the slope a bit for the white markers of the Bruce Trail. Walk up to the trail and head to your right on the Bruce Trail. The trail undulates it's way over a rock-laden path before descending to the lower part of Chedoke Creek to reach an old railway line, now called the Chedoke Radial Trail. This trail heads left and soon climbs a long of steps leading to a lookout for Lower Chedoke Falls . Even in the fall, when the leaves have fallen, it's difficult to get a good view of the far away falls due to the abundance of tree branches. (002)
002 - 003	1.7	The trail climbs back into the woods above the Chedoke Civic Gold Course to continue over the rocky trail. Soon the trail meets a long flight of metal steps as well as the Scenic Drive Side Trail (003.)
003 - 004	2.9	The main trail descends these steps to the Chedoke Golf Club parking lot. The trail turns left following the Radial Trail and passes through a tunnel and crosses the ski runs above the golf course. The trail passes a waterfall (004) .
004 - 005	3.3	Continuing ahead on the Radial Trail , the Bruce Trail arrives at a guardrail location with some waste receptacles. This is a good, but somewhat noisy, rest spot (005) .
005 - 006	3.7	The trail gradually climbs along the escarpment edge, rounds a cliff edge and arrives at a small parking lot where it meets the Scenic Drive Side Trail (006) .
006 - 007	4.0	Continue straight ahead on the main Bruce trail (white blazes.) The trail enters the Iroquoia Heights Conservation Area and soon meets the Iroquoia Heights Side Trail (007) .
007 - 008	5.6	Here the main trail makes a sharp right to descend some log steps and passes by an interesting isolated rock formation. The trail heads through the woods and open meadows to meet the return of the Iroquois Heights Side Trail (008) .
008 - 007	6.7	Turn left, leaving the Bruce Trail, and follow the Iroquoia Heights ST. There are numerous birds in the area taking advantage of the

many hanging bird feeders in the trees. The straight line trail soon arrives back at the Bruce Trail **(007)**.

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| 007 - 006 | 7.0 | Take the Bruce Trail the short distance back to the intersection with the Scenic Drive Side Trail (006) . |
| 006 - 003 | 9.8 | Follow the Scenic Drive Side Trail along the edge of Scenic Drive. Some good views of Hamilton below can be seen including the CN tower in Toronto. Near Upper Paradise Road, the side trail descends the long set of metal steps to end most of the way down (003) . |
| 003 - 002 | 11.2 | Continue all the way down the steps to the golf club parking lot and turn right to follow the Radial Trail back to where it meets Hillcrest Avenue. Continue ahead on Hillcrest to your car. |

Enjoy the hike and the day!