

# Walk W07 Humber River North - TORONTOHIKING.com

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## Walk W07 Humber River North

WAYPOINT INTERVAL	WAYPOINT-TO-WAYPOINT TRAIL DIRECTIONS
001 - 002	From the <b>OLD MILL</b> subway station follow the curved sidewalk to your right to the road and turn right on Old Mill Road passing the <b>Old Mill Inn</b> . Cross the bridge over the Humber River and turn right down the steps to the river side ( <b>002</b> ).
002 - 003	Continue along the Humber River through <b>Etienne Brule</b> and <b>Magwood Park</b> until you meet a pedestrian/bike control gate ( <b>003</b> ).
003 - 004	Climb a slight slope and follow a dirt path on the edge of the ravine. Much squirrel activity can be seen in this area and the protective thorny bushes make for an abundance of birds. The trail passes under the <b>Dundas St</b> overpass and arrives at a green bridge over the <b>Humber River</b> . Cross the bridge enjoying the view in all directions ( <b>004</b> ).
004 - 005	Past the bridge the trail climbs a slope and enters an open area with trails going off in different directions. Keep to the right on trails heading north along the river. This is a very enjoyable walk along the top of the ravine looking down at the Humber below. Soon the trail arrives at the landscaped grounds of <b>James Gardens</b> . Continue north along the Humber River in James Park before entering <b>Scarlett Mills Park</b> passing under the Scarlet Road overpass. The trail climbs to the busy <b>Eglinton Avenue W.</b> ( <b>005</b> ).
005 - 006	Cross Eglinton at the stoplights and follow along the paved path which soon turns right heading downhill to near the river edge. Continue through <b>Raemore Park</b> and cross the bridge over the Humber River. At the Y-intersection, take the branch to the left along the banks of the Humber through <b>Lions Park</b> . Just past the playground, turn right and head up to the bus shelter on <b>Lawrence Avenue</b> ( <b>006</b> ). Take the Lawrence Avenue bus east to the <b>LAWRENCE</b> subway station on the <b>YONGE</b> subway line.

**Enjoy the walk and the day!**